

Duke

BENEFIT-COST ANALYSIS OF A MENTAL HEALTH PROGRAM IN A SCHOOL SETTING MARGOLIS INSTITUTE for Duke Health Policy

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BACKGROUND

- Suicide is a leading cause of death among adolescents (especially for vulnerable groups, e.g. LGBTQI+ persons)^{2, 5-6,} 9, 12
- North Carolina Project AWARE (Advancing Wellness and Resiliency in Education), funded by SAMHSA, is a Multi-tiered System of Supports (MTSS) program which includes evidence-based practices for public school student mental health⁴
 - Tier 1: Promotion
 - Tier 2: Prevention
 - Tier 3: Intervention
- Of the 60+ national Project AWARE grantees, none have done an economic evaluation
 - Results may utilized to illustrate value of sustainable funding to policy makers

COSTS

- Personnel, facilities,
 - training, and
 - materials^{7-8, 11}

BENEFITS

- Use outcomes such as suspensions and mental health
 - related ED visits and translate to economic costs⁸

Tier 3

MATCH-ATDC Day Treatment Program Telehealth Counseling CBT, Motivational Interviewing Insight Human Services CBITS, Suicide Assessment Process

Tier 2

MindUP Curriculum, Check-in/Check-out

PREPaRE

Resiliency Rooms

Therapeutic Learning Classrooms Check and Connect

Evidence-Based Practices used by NC **Project AWARE**

STUDY OBJECTIVES

In North Carolina schools that have implemented Project AWARE, do the program's benefits exceed its costs?

REFERENCES



Zones of Regulation Everfi Peer Group Connection Wise Guys Smart girls Second Step SS-ARS

Tier 1

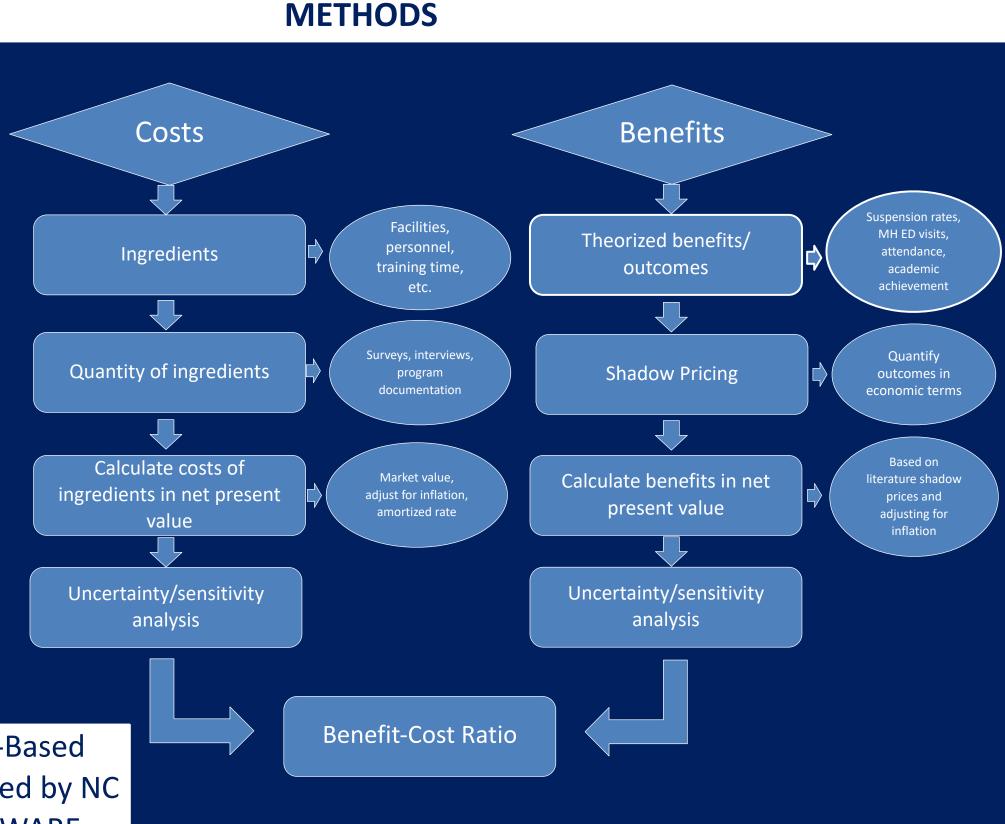
Community Resiliency Model Circle of Security Connected and Respected CASEL A Smoking Prevention Interactive Experience School-Connect

Communities in Schools Be CALM Think Social





BASS CONNECTIONS



PROPOSED OUTCOMES

We hypothesize that:

- The benefits of NC Project AWARE will exceed the costs of the program
- The results can help to inform legislative decision-making
- We can advance the current literature around conducting economic evaluations of school mental health programs