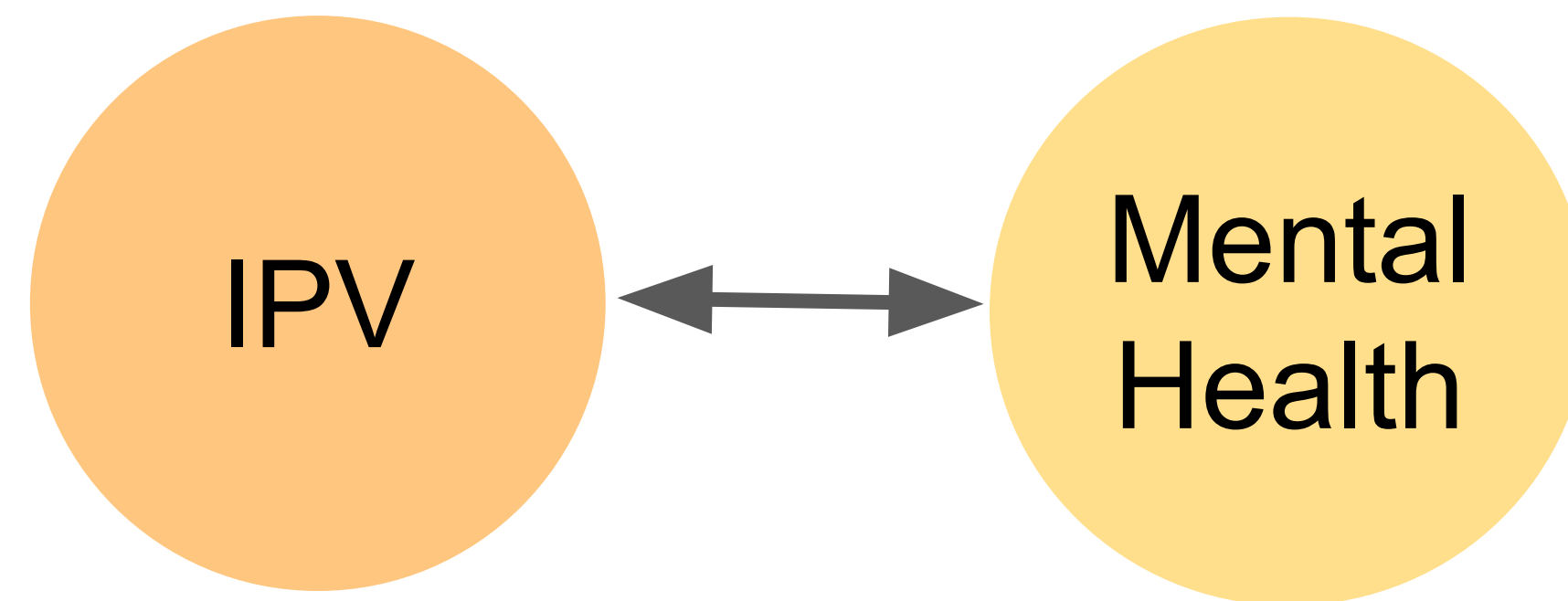


## Introduction



PREPARED is a 6-session, non-specialist delivered, universal prevention program to promote mental health and prevent intimate partner violence.

*Our primary goal was to assess the implementation of PREPARED in Muhuru Bay, Kenya.*

## Participants

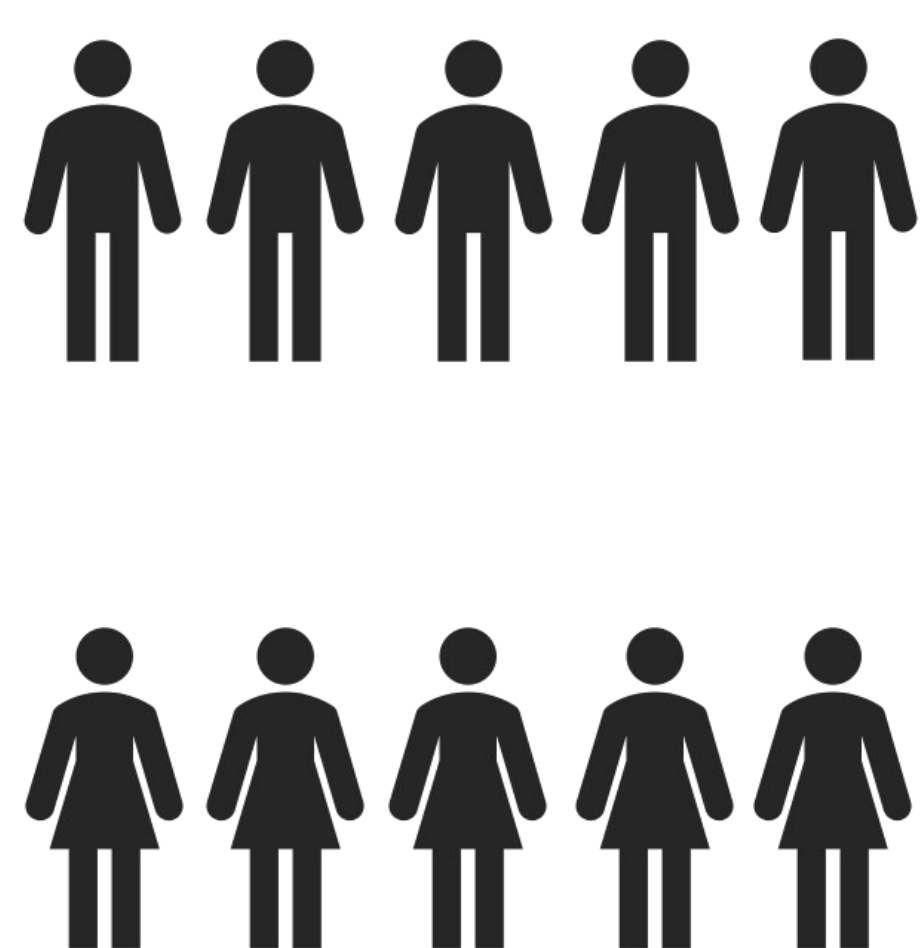
46 Adolescents

22 In-School

24 Out-of-School



10 Facilitators  
(20-25 years old)



12 Training Days



## Mixed-Methods Assessment

Feasibility

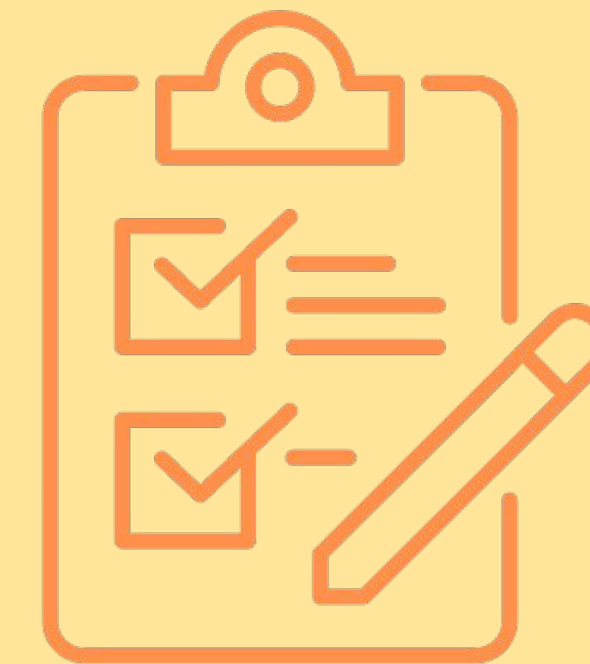
Acceptability

Appropriateness

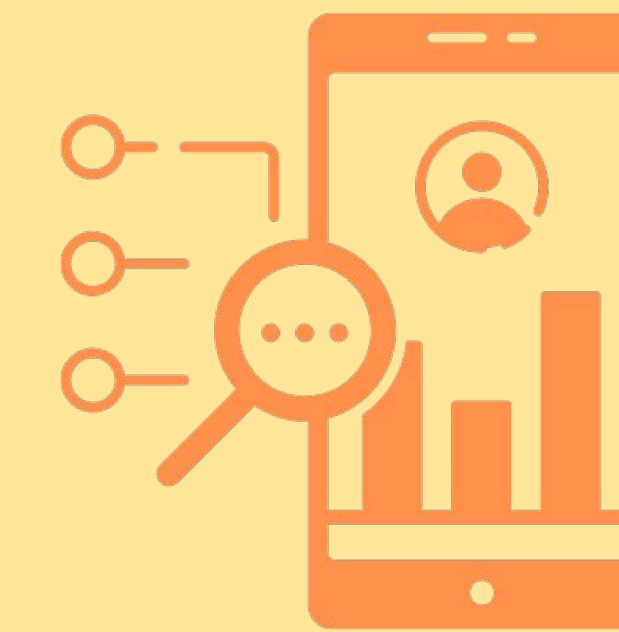
Adoption

Reach

Implementation Outcomes



Surveys



Detailed Tracking



Qualitative Focus Group Discussions

## Quantitative Results

	Full Sample N=46		In-School N=22		Out-of-School N=24	
	M	SD	M	SD	M	SD
Adoption	2.78	0.31	2.86	0.31	2.71	0.30
Acceptability	2.88	0.22	2.84	0.27	2.91	0.16
Appropriateness	2.89	0.21	2.89	0.26	2.90	0.16
Feasibility	2.88	0.21	2.81	0.26	2.94	0.12
Reach & Access	2.78	0.37	2.78	0.35	2.78	0.39

\*0 to 3 (0: not at all, 1: a little bit, 2: a moderate amount, and 3: a lot)

## Qualitative Results

### Acceptability

“Yes, I got everything that I hoped to get from PREPARED. **I loved the lessons** that were taught during the sessions and the pieces of advice given to us by our facilitators. **I am now able to face the life challenges without fear of failing.**”  
-Out-of-School Boy

“It was a good idea to have the program in the community because **many youths have benefited** from it by being able to learn how to maintain healthy relationships and emotional development.”  
-Out-of-School Girl

### Appropriateness

### Adoption

“After learning in PREPARED now [I] am **able to share my problem with others.**”  
-In-School Boy

## Conclusions

- 1 PREPARED was accepted and relevant for in- and out-of-school youth.
- 2 It is possible to deliver a mental health and IPV combined intervention in a low resource settings.

## Acknowledgements

PREPARED facilitators, adolescent participants & their families, and WISER Girls Secondary School